

Soul Café with Kuthumi

Channeled by Marisa Calvi

“The Show With No Name”



Broadcast on www.blogtalkradio.com, June 2019

Listen to the full audio recording at

<http://www.blogtalkradio.com/marisa-calvi/2019/06/15/the-show-with-no-name>

Marisa and Kuthumi are happy for this channel to be translated and shared, as long as no money or fee is charged for this, and that proper credit is given as to its source

© **Marisa Calvi 2019** www.newenergywriting.com

Soul Café with Kuthumi – June 16, 2019

The Show With No Name

Featuring KUTHUMI LAL SINGH, channeled by Marisa Calvi

Hello everybody and welcome to Soul Café. My name is Marisa Calvi. I'm a channeler and author who works with the energies of Kuthumi Lal Singh an ascended master who has lived many, many interesting lifetimes including Pharaoh Thutmose III, Pythagoras of Samos, Balthasar – one of the three wise men, St. Francis of Assisi and Shah Jahan, the Indian emperor who built the Taj Mahal to name but a few of his interesting lifetimes.

His final lifetime was in the late 1800's when as a man, born in the Northwest of India, he studied some wonderful philosophical pursuits, even through Oxford University, with an absolute passion for knowing all about the ins and outs of philosophy as well as spiritual awareness. At the time his pursuits actually led him to a quite debilitating illness where he had an overwhelming breakdown that—he's talking to me in the background while I'm talking to you—which he just calls not an illness but a shutting down where he spent several years bedridden.

But the wonderful thing was that in that time, he truly went within and came to a beautiful new awareness of what it meant to be a human walking their enlightenment. And he spent his final years travelling and then went back to his beloved birthplace at that time – and not only that, his beloved country through many lifetimes – he went back to India. He spent a lot of time in the northern regions of India through Rajasthan, then across into Himachal Pradesh, the town of Shimla, very close to where the Dalai Lama now lives, before retiring to spend his final human years way up in the foothills of the Himalayas in the northern reaches of India in places known now as Kashmir and Jammu: in particular around the area known as Ladakh.

He's connected with many people over the years including me. We've been playing together while I open my awareness and then we've been sharing those experiences through our writing and this radio show and also through our online schools. And the basis of all of them has always

been about coming back to soul: allowing our soul connection to express within our human life.

For so many experiences when we gained enlightenment, when we gained awareness, we were done. Or we'd fade off in isolation in the mystery schools, in the temples – those places where we often retreated to study with others, to understand what it meant to be enlightened, to understand our soul connection.

But the wonderful thing is now in this new consciousness, in this new era, we don't have to do that anymore: we don't have to be isolated. We can walk with our enlightenment through what we consider the everyday mundane life but transform that life into a wonderful, wonderful awareness to be connecting with our choices and living our choices in incredible new ways where we've stepped out of mass consciousness, where we've stepped out of the limitations and boundaries of our mind, and we live in a new freedom that isn't restricted by what the world is telling us, but is created by what our soul passion, our soul love and our soul creativity desires. And chooses.

And how do we come back to that? We come back to all of that by just breathing. And I know we breathe all the time but we do that with the deep conscious breath: the deep conscious breath. And I'm going to get you to join with me now to do that as we welcome in Kuthumi...

And I'll just say quickly before we do that: if you would like to know more about our work, please go to our website at <http://newenergywriting.com>

But with me now, let's breathe as we get into our space, our feeling space with soul. To take the deep breath and be in the moment because the past is gone, the future doesn't exist: all that really matters is right here, right now. And the breath reminds us of that. The breath takes us back into our essence, into our feeling space. Our breath takes us into that space where mind slows down and comes into balance with creativity and soul love.

In this space we open up our awareness: our awareness of the patterns that we continually play out and that keep us where we are. Our beliefs:

that keep telling us we're limited and small and the breath flows through all that to feel this incredible love that we were born of and that's expressing itself in every moment. And we can connect with that with a new awareness, an awareness to make that our conscious way of being.

To just stop and breathe...

That was the beauty of the schools and the temples that we studied at: that we were able to go within. And mind told us that we needed to shut off the world but the breath reminded us that everything that we were searching for was already right there.

You can take this breath even sitting at traffic lights, on the toilet, (laughter) even if you're in a room full of people: you can take a conscious breath and then another and then another.

To gift yourself even one conscious breath is grander than anything you'll ever do. But imagine to sit for even two minutes and take that conscious breath again and again just to delight in being in that space with soul: to feel your truth, to commune in a new way with your instincts and your feelings, so that they can express themselves deeper and richer through your life.

It's in this space too that I go to hear Kuthumi. And it's in this space I go to listen to my soul as well. Without my commitment to me, to wanting to feel and hear my soul voice, my instincts, my essence: to feel my beautiful natural creativity, I wouldn't have been able to hear Kuthumi. I wouldn't have known the difference between him, and an aspect, and my ego. It was one of the wonderful things he taught me at the very beginning: in this space I know me, and I know him. And I know when there are parts of me talking, and where they've come from. I don't need their story but I know and I feel their difference.

In our schools we love taking people into this space and we have different themes, but essentially the joy of our schools is that Kuthumi and I just want to get people into this space so they can know themselves. They can find their own answers and they can set

themselves free to create beyond the concept of the little human bound by mass consciousness.

Kuthumi always says: I am the grandest creator who ever existed, and so are you. Every one of us is a magnificent soul creating their unique sovereign experience in absolute perfection. And no one soul is greater than another: not even that of an ascended master, not that of a channeler with a radio show. It doesn't matter what you're doing with your life: you are a grand soul in absolute perfection.

Let's take a few more deep breaths...

Kuthumi and I, we didn't have a theme or a concept for this show so I'm looking forward to what it is he'll share with us. So come back into that breath as we welcome Kuthumi and now that altogether we create whatever it is he's going to share with us.

A few more beautiful gentle breaths in this space...

KUTHUMI: Namaste.

It's I, Kuthumi. I am many things, and yet I am nothing. I have been some incredible stories, and yet none of them define who I am in this moment, or who I will be. Because in this moment, in my sovereign space, in my awareness and with my choices, I am free to be whoever I choose in this moment.

When we're humans, when we have a story, when we have a body and we have a plan, and we have connections with others: it can be very hard to embrace that truth. But every soul in every moment is that truth. The freedom to be whoever, however and whatever you choose right now.

We carry around a story from the past as though that will give us the answers. We search soul as if soul will give us the answers to what to do and how to be as well – and in a way, soul will. But ultimately, it's your consciousness, your awareness that decides how you create.

Soul doesn't have an agenda for how you create because soul in its essence is just pure creativity, just dying to be expressed: I should say "breathing" to be expressed. Soul creates for the joy of creating – not for an outcome. Not to teach you lessons. Not because you're on a journey and it's taking you to the next place – soul just wants to create for the fun of expressing its creative energies.

See, mind and ego have plans: those human parts of us that want to accomplish things, that even want to (I'm going to use the word) manifest. We get very caught up in having our human experience manifest what we are opening up spiritually, energetically. Mind wants that proof. Mind wants the visible expression of what we're feeling inside. And it's fun because sometimes we do.

We push through the boundaries of the financial rules of life, the physical – the actual bodily rules of life. We set ourselves free of mass consciousness and sometimes that absolutely delights us in what that can do.

But it's very easy for mind to come back and say we mustn't be doing this right because this would have happened by now or that should have happened by now. Or that didn't happen the way it should have.

"Should."

Should – that's a very powerful word. It's a very simple word but it's layered with expectations. It's full of stories. It's full of rules and time frames which are really just pulling us back into a mass consciousness.

See, even when we release ourselves from standard human mass consciousness, we can then go put ourselves into a new consciousness, mass consciousness which is bound by the spiritual journey: the spiritual world within the human world.

Never let anyone decide for you how your life should be expressed. When they do that they don't honour your personal journey, your personal expression, your personal choice. But also too, you don't honour your own by taking on somebody else's rules. No matter how conscious, awake, enlightened they are.

I will never tell you how to live your life. I will invite you to be with soul and to let soul in. But how that expresses? How that plays out for you is your choice. And there's no wrong choice in how you let soul into life – not one. It's just you playing with energy, so how will that ever be wrong? How will that ever be something to critique? How can that be anything that follows any rules?

In my lifetime as Shah Jahan, before I became the emperor but when I was married to my beloved, I rebelled against my father the emperor and I was sent in exile. I remained in the lands through Rajasthan where our family's power base was settled and I went out to the outskirts of one of our regions to a beautiful town called Udaipur – it still exists, you can still go there – a beautiful town set upon lakes.

I was taken in by the local prince, a friend of mine. We'd become friends after I defeated him in battle: imagine a prince of Hindu tradition took in a prince and his family of Muslim tradition. We both had young children who didn't interact so well. There was also the constant pressure that perhaps my father might send forces upon this palace to capture me....

And so it was that the prince of the time suggested a retreat for me: a beautiful island within his vast lake where a small palace was built but there were enough facilities to house me and my family, our entourage and off we went by boat upon this paradise. The imminent threat of danger gone, we were free to eat meat, (laughter) do our prayers without side glances, without feeling that we were imposing upon another's home – it was handed to us, this beautiful island. A glorious but small palace with gardens and incredible views out to the mountains across the waters and the quiet!

It was an absolute paradise and we settled in fairly quickly. We could take gentle boat rides around the island on the lake. We could call our prayers as loud as we liked, grew foods we liked, and there was a relief to finally be separated from everything which felt as though it was putting pressure upon us. We felt we separated even from this energy of the rebellion that I had created anyway. But for the first time in many months, we felt safe. And not only that we were safe, but we were surrounded by incredible beauty and support. We really didn't have to

fear for much at all. We could just live now. I could just be with my beautiful wife, my young children, my family that was growing, the support of the servants who had undying loyalty to us.

And yet, what happened over the course of what seemed only like a few weeks, a despondency washed through all of us – except me. (laughter) It began with the harem of my wife and the women. I soon started to notice it in my male servants.

I walked out one day and my beautiful Mumtaz was tending the garden. She loved her garden, it gave her so much joy, but as I walked towards her I could see she wasn't smiling. There was a blankness to her face that actually concerned me. However when she saw me, she looked up and she smiled, and my concern fell away, but I noticed that heaviness still carried within all of those around us.

I sat beside Mumtaz on the grass while she tended the plants. And I looked around and I said: what is it? What is wrong with everybody? Look at this place. We're in paradise, we're safe. Look at this – we're growing fresh food, we have plenty of water. And yet, they're all acting as though we're still upon the road, dusty, wondering when we'll run out of food, wondering when we'll be attacked.

And Mumtaz sat back upon her heels and she looked at me – and she had that look that she would do when she was about to address me very clearly: hmmm... some might say bluntly but with an honesty that I always respected and honoured. And she said: my dear, we might be safe, we might be apart from the imminent dangers, we might feel free, but this is still a cage. A cage is a cage. We're not truly free: we're not truly in our own home. We have replaced one cage with another. Do not imagine that we don't feel safe and we're not in gratitude for the glorious setting, but our heart aches for those we've left behind and for our home where we can live in a true freedom.

"A cage is a cage," she said to me.

It's so easy for us to step out of one cage and put ourselves in another. We can step out of the cage of mass consciousness and put ourselves into the cage of a guru, or a teacher – an ascended master even because

as humans we want the rules and regulations. We want to know where our boundaries are. But even if we swap a dingy little beaten cage for a big one that's gold and encrusted with jewels: it's still a cage with limits, with boundaries, with rules.

How many of you have said I will no longer partake of medicines unless they are natural things? I will not see doctors. I won't truly be enlightened unless I'm travelling first class. I'm still overweight so therefore I'm not enlightened. If I was enlightened then this would have happened.

See how we've taken enlightenment consciousness and we've just put it into a very shiny cage of spirituality?

Breathe with me now. Just invite soul to show you where you still have your creativity in a cage. It might not reveal itself to you right now in this moment... and you're even bound by how you believe you should be pursuing your spirituality.

The most wondrous thing about being enlightened is the freedom that you gift yourself. Let's not put that back into a cage with self-doubt, self-criticism. They're two wonderful cages that we love, and honestly, the basis of those two cages is generally where all your stories are: I don't think I'm doing this right. I need to ask yet somebody else to give me directions and answers and guidelines because that's generally where the basis for the next cage comes from. Self-doubt and self-criticism: am I doing this right, and how should I be doing it?

And the real answer to that is: however you choose. If you want to do it by staying in your life exactly as it is, then that is still enlightenment. I know I've been quoted as saying on my path to enlightenment I lost everything. But that doesn't mean the obliteration of human life as you know it. (laughter) To me, the grandest things I lost were doubt, self-doubt and self-criticism, and my willingness to step into a new cage with new rules and regulations and guidelines. I knew my creativity was free in every moment.

It was me who got the bars and built the cage to begin with...

See that's the thing. Don't feel like you've got to escape mass consciousness because you were put there against your will. You stepped into being human knowing exactly what that meant. And when we wake up, when we open this awareness, when we remember that we are creators that cage falls away.

But there's a comfort in being in a cage, is there not? Knowing our boundaries, knowing our limits, knowing the rules and regulations so we build another one. And it's shiny and it glistens and we sit in that cage and we point to the others in their mass consciousness cage and say: my cage is better than yours. (laughter) I feel better in this cage: I have a nice new perch. The water is always fresh. The seeds – oh, they're the best quality: they're organic. (more laughter)

And if you're happy in that cage, then stay right there. But imagine no bars, no perches, but there's more than seed. The fresh water – ooh, sometimes it's wine! (laughter) To say that this grand space I created: if I can create this, what else can I create?

To be in such celebration of that creativity that you can't imagine, you can't imagine placing upon it any limits: that you don't care what happened before because it doesn't decide what happens now. You look ahead with what will be but there's just anticipation and excitement.

“Excitement”

Excitement – that's a good word. Maybe I should use that as a new phrase. Excitement: when you're excited about what enlightenment will bring you. There we go! (laughter)

Excitement: the anticipation and excitement of what enlightenment will bring you, what your soul, free to create can bring you. No fear that what happened in the past will repeat because you've stepped through those bars. The enlightened one knows the past doesn't create the future. The consciousness of this moment creates now: doesn't even create the future because it doesn't exist.

What's happening right now?

Are you breathing?
Is your heart beating?
Then everything is okay and you're still here.

And it might seem like a human struggle to keep going but the more you keep coming back to that trust, and that freedom, and that excitement of what just breathing and choosing to live will bring, then a lot of that heaviness of the doubt and fear – they start to dissolve.

It may take a while to step into that, into that trust, but I know you love yourself enough to do it because you're here. You wouldn't be listening to this, you wouldn't be asking yourself the questions: well, how do I do this?

See, it's wonderful. Those questions that often begin with mind: we can transform them. We can transform them into a new momentum.

How will this look?
However I choose.

Will it happen?
Well it doesn't matter: but something will happen in absolute perfection.

Will I live to see it?
Of course you will, of course you will.

Breathe with me now.

Do you want to stay in any cage: I don't care what it looks like, but let it be your choice of what that cage is. Choose to be in it and choose what it will look like: even if it's making yourself aware of the limits that actually put the bars in place. But don't let those limits hold you from connecting with life.

If your body is out of balance, you don't have to do it on your own. You can get support from the medical world: that's what we created it for. We created the medical world to support us and nurture us. It's okay to turn to it.

It's okay to actually do something for an outcome. We don't have to sit on our butts and expect soul to bring everything to us: we can interact with life because that's what we created this world for: to play with it, to interact with it. To see what it's like to manifest and create in a human reality.

We don't need to snap our fingers like genies, magicians and have it happen. See, we did that when we played with the alchemy. We wanted to see that we could actually change the physical reality so we did that thing: getting rocks and turning them into gold. Changing gems from one to another – a diamond into a sapphire, into a ruby, into an emerald because we wanted to show ourselves that the dynamic energies that are within everything are at the whim of our creativity. But to go and do that now, you'd be bored. You've already done it.

The fun now is in being with your joy. In being with the gracefulness of existing as a human. Of stepping through life in every moment with that awareness that you're choosing how you play with all this energy.

We created science in the Atlantean era because we wanted to understand the things around us, we wanted to understand their physical dynamics, and we wanted to create a human library of knowing. And the wonderful thing is that the more science explores, the more it finds to explore. And also how it finds that there's still consciousness washing through everything even in this physical reality that the mind can't explain. But those with the knowing and the awareness and the consciousness that's opening up: we feel its truth and we feel the creative dynamics within it all.

Take your atoms: we found out that everything in this world exists of atoms dancing together. And what a wonderful thing that in itself is to know.

Everything within this physical reality: atoms dancing together.

And then our scientific knowledge expanded and we realised there were things within the atoms: electrons, protons, neutrons and they all dance with each other to create a unique atom. And little electrons bubbling

around on the outside: they sometimes interact and play with other atoms joining together making molecules that then arrange themselves into something we interact with. But at the basis of all of this – you know and they're still just only finding out or figuring out what exactly is an electron, a proton, a neutron and there's other things as well. There might be things within those little parts of the atom. But no one would deny that all that this is, is energy dancing and playing together to manifest into a reality for us to interact with.

Imagine looking around you: a lamp that's next to you, it's just energy all dancing together to come into a form of a lamp to give you light. That your bed: all the beautiful energies dancing together to create your mattress, your sheets, your pillow for you to rest upon. Imagine everything, even the food you eat: energy dancing together to create something to give you sustenance and then you take that – you. YOU, your body, the very essence of your body is energy dancing and playing together to create a form for you to interact with life.

When we bring life just back to that simplicity, the physical existence, the physical reality of our existence: it's just energy dancing and playing together and so am I; to interact and play. Not something to push against and control, and even understand – but just energy to play with. That's what life is, the very essence of life, just energy playing and dancing to create an experience. But it's driven by something isn't it?

And in the past we wanted to give that some meaning: we called it god. And oh my goodness, you took that sense of god and look around this world and what we've taken that beautiful connection to this drive behind all this physical energy playing and dancing together: and we gave it stories, and we gave it fear, and we gave it a sense of duty.

But this god energy, it never wanted duty. It never created sin. It just wanted to play with experience.

Imagine that as your new story:

I am that I am energy playing with creating experience
driven by my soul awareness.
With my soul I choose how these energies dance,

what they create, how they interact.

When we bring it back to that simplicity, we start to open up a sense of joy that we haven't known before because in the past the outside world handed us joy or did something to make us feel happiness, excitement. But it starts within.

How am I choosing to see the world around me?
How am I choosing to dance with all this energy
to create my experience?
And wouldn't that all begin from a sense of love,
from a sense of joy.

Free of any stories.
Free of any cages.

The desire to be the creator with freedom – that's our drive.

How can you not be excited about what that might bring and unfold and reveal? To remember that, trust that and allow it its freedom.

In every moment choosing for soul to show us: where are we still holding ourselves in a cage? Where are our limits and beliefs now? Where are the stories that are keeping us from that delightful, delightful pure playfulness: that is convincing us that all this energy around us is bigger than us?

But it can't be because all this beautiful energy is ours.
It's all ours, and we are free to play however we choose.

Namaste.

MARISA: Thank you everyone. This is Marisa saying a big thank you to Kuthumi for what he shared with us today. If you'd like to stay in this energy of the breath, you're welcome to as we say farewell.

If you'd like to come and play with us more, please come and explore our work at <http://newenergywriting.com>

We have a new school starting next Sunday: it's about exploring the goddess energies. Mary Magdalene will be joining Kuthumi and I to share stories and to explore the beautiful goddess energies within us whether you're male bodied or female bodied or however you identify.

You can also find out about our books there, and sign up for our newsletter so you know when our next radio show will be. That's <http://newenergywriting.com>

Until we join again next month, I will say Namaste. Thank you so much for being with us.

Goodbye.